

#### FEBRUARY 2016

SUNDAY
9:30 am
Sunday School
10:45 am
Worship Service
6:00 pm
Youth Group
3rd Sundays Carry-in
Fellowship Meal

MONDAY
Noon Prayer Group
1:00 pm
Quilting for Homeless

WEDNESDAY
7:00 pm "Believe"
Bible Study
7:00 pm Children &
Youth Bible Study

FRIDAY
9:30 am
Stay Strong Exercise

SATURDAY

10:00 am Al-Anon



## Lexington United Methodist Church SEEK ~ SERVE ~ SHARE

www.reachingforyou.org Office 660-259-2483 FAX 660-259-2685 Rev. Terry Cook, Pastor 660-259-4804 terry.cook1960@live.com Sarah Black, Church Coordinator, sarahblackumc@gmail.com Patty Sollars, Adm Asst. 816-716-6111 patty@reachingforyou.org Janet Thompson, Organist Annie & Rowdy Yates, Youth Leaders Jennifer Zumalt, Nursery Attendant Susan Short, Custodian



"The people perish for lack of vision" is my loose translation for Proverbs 29:18. Vision for a church is very important. It is what guides us towards a future that God desires for us. I pray often for a clear sense of purpose and direction for our churches and our leadership teams. In my opinion, we have a long way to go to be able to clearly define, or articulate this vision. Although I believe that as leader I need to articulate a vision this has to be a shared vision that has been discerned through communal prayer and discussions. Sarah Black is working diligently to provide those in Lexington with an environment to dream, discuss and implement a new shared vision. It is my intention for Grace to begin this same process in this upcoming year. In the 2<sup>nd</sup> chapter of Joel we find these words "I will pour out my Spirit on all flesh; Your sons and your daughters shall prophesy, your old men will dream dreams and your young men will see visions." If we are seeking God's will and purpose for our lives and for our church I believe God will be faithful and reveal His plan to us! If you have helpful ideas or God has laid it on your heart to be a part of this process please let me know! As always, it is a joy and an honor to be your pastor!

Terry.

For God so loVed the world
thAt he gave his
onLy
begottEn
SoN,
thaT whoever
belIeves
iN him should not perish
but havE everlasting life.

(John 3:16, NKJV)

### Our Worship services are available LIVE on line (10:45 am Sundays)

at <u>www.reachingforyou.org</u> under "MEDIA".

#### MISS A SUNDAY?

The videos will remain accessible for at least a month after their broadcast.

Don't have internet or a computer? DVD's of our Services are available on the table in the church entryway.

February 05, 2016—National Wear Red Day - a day when many people wear red to show their support for the awareness of heart disease. It occurs in America on the first Friday in February each year, where people wear red. Designed to warn women of their number one health threat, "The Heart Truth" campaign created and introduced the Red Dress as the national symbol for women and heart disease awareness in 2002 to deliver an urgent wakeup call to American women.

Heart disease is a class of diseases that involve the heart, the blood vessels or both. The causes of heart disease are diverse but atherosclerosis or hypertension are the most common. Additionally, with aging come a number of physiological and morphological changes that alter cardiovascular function and lead to subsequently increased risk of cardiovascular disease, even in healthy asymptomatic individuals.

Heart disease is the leading cause of deaths worldwide, though since the 1970s, cardiovascular mortality rates have declined in many high-income countries. At the same time, cardiovascular deaths and disease have increased at a fast rate in low- and middle-income countries. Although heart disease usually affects older adults, the antecedents of cardiovascular disease begin in early life. There is therefore increased emphasis on preventing atherosclerosis by modifying risk factors, such as healthy eating, exercise, and avoidance of smoking tobacco. (With material from: Wikipedia)

#### **Heifer International**

The last Sunday of each month the children take a "noisy offering" collecting change (and paper money, too!) to purchase animals for Heifer. In 2015 we collected \$727.21!



#### **February Birthdays**

- 2 Pat Arthur
- 5 Kyla Jenkings
- 6 Valerie Laddusaw
- 6 Geneva Hamilton
- 7 Stephanie Goddard
- 7 Debbie Hatfield
- 8 Elizabeth Coggins Hoffman
- 8 Heather James
- 9 Buddy Black
- 11 Seth Seitz
- 13 Lyndsay Reynolds
- 15 Matt Coggins
- 17 Betty Smith
- 17 Susan Worthington
- 20 Sylvia Singleton
- 24 Mylan Huffman
- 25 Juliann Zweifel
- 28 Sullivan O'Brien

If your birthday is not listed, please contact the church office, patty@reachingforyou.org 259-2483.

## There are two new classes working at LUMC

- 1. Sunday mornings at 9:30 the Explorers Class is discussing "The Twelve Women of the Bible," which is a 12 week study bringing us information about using Biblical issues which still work for us today. If you're not involved in a study, come join us!!!
- 2. "Weird, Because Normal Isn't Working," is a study about Christ-centered philosophy on everything from money to scheduling to purity, and will help us break out of the normal rut and live according to God's plan. Teri and Tony James are hosting this study at their home, 12042 Larkin Lane beginning on Thursday, January 28 starting at 7:30 pm. Pastor Terry Cook is facilitating this study, so plan on coming out and learning and having good fellowship.

#### Mission Trip:

If there is anyone interested in a Mission Trip this year please contact Janae Fuller, <u>660-232-1955</u> or the Office. We will also be continuing our efforts at Forest Grove Cemetery this spring. More information later.

#### Lazarus Table Dates 2016:

February 21 June 12 August 14

October 16

This is one of our church's mission commitments for 2016. We need a minimum of 8 volunteers for each date. Please consider helping with this outreach!! We leave at 8 am to arrive for prep work and instruction before the church service. If you have never attended the Grand Avenue Church service it is unique and often touching. The church is beautiful, too. After the service we often serve 100 to 200 homeless sojourners. This is also eye-opening, as many of the people we pass by car along the streets of Kansas City, become real human beings.





#### An early start to spring cleaning

Although Lent starts early this year, before spring appears in many areas, it's an appropriate time for spring cleaning. Indeed, *Lent* comes from old German and English words for "spring." So, while it might be too soon to open windows or hang clothes on the line, now is ideal for some *spiritual* spring cleaning.

Lent calls us to examine our beliefs, confess and dispose of old grudges and selfish habits, dust off our Bibles for a new routine of study and prayer, air out our hearts and brighten up our attitudes. "Lent cleaning" lets the Holy Spirit freshen our faith — and it's never too early for that.

Our Leadership team will once again be meeting to plan and discuss goals for 2016. If you have ideas, suggestions, and/or ways to make improvements, please contact our leaders. They are :Liz Fenner, Pam Johnson, Cheryl Cooley, Jacki Worthington, Janae Fuller, and Sarah Black.



Long-time member Bonnie Best died on January 7. Our Sympathy goes out to family and friends.



#### Members in Care Centers & Homebound

Betty Davis (home)

Virginia Fetter (home)

Pat Fisher, Leawood, KS

Geneva Hamilton (nursing home in California)

James Lauderdale (Bristol Manor)

Tootie Mason (John Knox Village, Lee's Summit)

Dawn Meierer (Care Center)

Mary Stephenson (Care Center)

Ruth Wainscott (Colorado Springs, CO)

Bob Warner (Care Center)

Alice Wiley (Care Center)

Roberta Wyatt (Care Center)

If you need a ride to Worship, please call the church office and arrangements will be made ~ 259-2483



# Lexington United Methodist Church "Where We Seek, Serve, and Share

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Sundays: 9:30 am Sunday School 10:45 am	1 Noon Prayer Group 1:00 pm Quilting for the Homeless	2 6:30 pm BS Commissioners & Dist Roundtable 7:00 pm Serenity Seekers	3 6:00 pm Choir 7:00 pm Youth & Adult Bible Study	4 Noon House of Hope 7:30 pm Group Study @ James' 7:30 pm BS Dist Committee	5 National Wear Red Day 9:30 am Strong Women Exercise	6 10:00 am Al-Anon
7 2:00 pm St. Francis Xavier Ministry in FLC	8 Noon Prayer Group 1:00 pm Quilting for the Homeless 6:30 pm Pack 440 Committee	9 7:00 pm Serenity Seekers	10 6:00 pm Choir 7:00 pm Ash Wednesday Service	9:00 am Adventures in Mothering Noon HOH 7:30 pm Group Study @ James'	9:30 am Strong Women Exercise Noon Women of Church Luncheon	13 10:00 am Al-Anon Pack 440 Blue & Gold Banquet in FLC
14 Day Balentine's	Noon Prayer Group 1:00 pm Quilting for the Homeless Presidents Day	16 7:00 pm Serenity Seekers	17 6:00 pm Choir 7:00 pm Youth & Adult Bible Study	18 Noon HOH 5:30 pm Relay for Life Team Leaders 7:30 pm Group Study @ James'	19 9:30 am Strong Women Exercise	20 10:00 am Al-Anon FLC Reserved (Mazick)
21 VOLUNTEER AT LAZARUS TABLE  Carry-in Fellowship Meal after Worship	22 Newsletter Dead- line Noon Prayer Group 1:00 pm Quilting for the Homeless	23 5:30 pm MVCAA New Directions 7:00 pm Serenity Seekers	24 6:00 pm Choir 7:00 pm Youth & Adult Bible Study	25 Noon HOH 7:30 pm Group Study @ James'	26 9:30 am Strong Women Exercise 10:30 Baby Grace	27 10:00 am Al-Anon Hicklin Hall Reserved (H Lynn)
28 Noisy Offering for Heifer Int'l Praise Band in Worship 5:00 Sq Dance Lessons 6:00 Sq Dance	29 Noon Prayer Group 1:00 pm Quilting for the Homeless		OS - ALL THE TIME	-GOD IS GO		March 2016 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31



This month, don't just *send* valentines; *be* a valentine! Create these Friendship Cards to express love through kind acts for your loved ones — all month long.

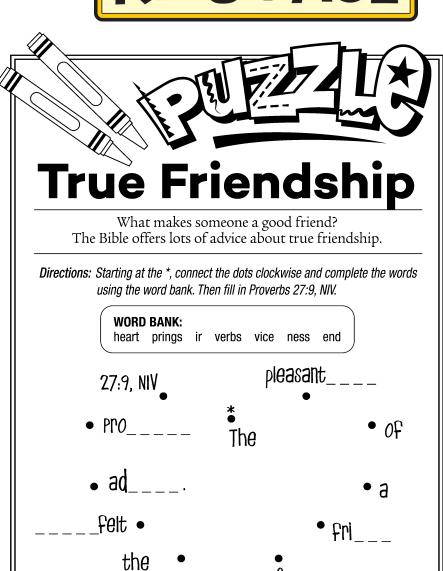


- 29 index cards
- A small box or container
- Colored pens or glitter pens
- Stickers

#### What you do:

- 1. On each card, write something nice you can do for other people. Ideas include "Give someone a hug," "Clean someone's room," "Read to someone" and so on. You can use colored pens to draw a picture.
- 2. Decorate the box or container. Place the cards inside.
- 3. Each day in February, select a card and do that nice thing for someone!





27:9, NIV